**BAPTISM**

Discussion points:

What are the three meanings of water in baptism?

How can remembering you are baptised help you to be more fully alive?

Some key points:

* In Baptism we become one with Jesus and we discover God as a loving Father
* We receive new life – a fresh start. We share in God’s life
* We become part of a love that is universal
* We can have the same experience with God that Jesus had
* Through Jesus we are children of God- we can call Him Abba, Father
* We belong to the family of the Church
* We are filled with the gift of the Holy Spirit
* By consciously reconnecting with the grace of Baptism, we can become people of love, joy and mercy
* Baptism is the gateway to holiness, but we need to unpack the gift we have already been given
* Pray, and be open to the Holy Spirit at work in us
* We need to want to be holy, and God will help us
* Even if our faith is weak, God still works through the sacrament – but the more we unpack and understand the amazing gift we are given; the more we live it and believe it – the more it will change our lives.
* In times of difficulty we can remember that we are children of God the Father, who loves us with an infinite love, who has forgiven us through the death of Jesus, who has filled us with new resurrection life through His Spirit, and who has given us the power to become the people He created us to be.
* Each of us is called into existence by God: to be fully alive is to respond to Him who calls us into life